



## **STARLINGS PRESCHOOL**

### **Hot Weather Policy**

#### **Policy statement**

During times of hot and sunny weather, staff will take action to ensure children are protected from the effects of sun and heat.

#### **Procedures**

During hot or sunny weather parents are asked to bring in named sun hats. Some spares are available here. Children are not allowed outside without a hat.

Sun cream – parents are asked to apply cream before the session. Starlings Preschool will use our own sun protection cream to apply to the children that are in session all day (lunchtime). Staff will use disposable gloves to apply the cream.

During periods of very hot weather, access to the garden is restricted to time slots, maximum time 45 minutes or as staff feel appropriate.

Drinking water is always available, including outside in hot weather. All children are reminded to have a drink at snack time (mid-morning), lunchtime and mid-afternoon. All children are encouraged to have a drink regularly throughout the day where conditions require this.

#### *Further guidance*

<http://www.nhs.uk/Livewell/travelhealth/Pages/SunsafetyQA.aspx>Nappy Changing

**This policy was adopted by Starlings Preschool**

**On 6<sup>th</sup> September 2021**

**Date to be reviewed**

**Signed on behalf of the management committee**

**Name of signatory Tricia Hunt**

**Role of signatory Chairperson**